

TREE OF PAST LIFE



WHAT'S ON YOUR LIST?

Is it health?

Is it Wealth?

Is it a cute little robot to take all the strain away?

Bottle of bubbles perhaps?

Christmas jumper?

Handsome hunk all wrapped up?

Peace and jolly good will to all?

A day with no arguments?



“There are not enough hours in the day”

NOW MANY WOULD DISAGREE...

And suggest it is purely the way we use our precious hours that counts as quality time. We can be a little good at working hard but not at working smart. There is of course a big difference.

Now, whilst you may fancy a duvet day (and why not) do be aware if you are becoming tired or actually just tired of the circumstances around you.

This could be anything from being a busy (but amazing Mum) a wife, lover, relation, carer, friend, the list just goes on and on...

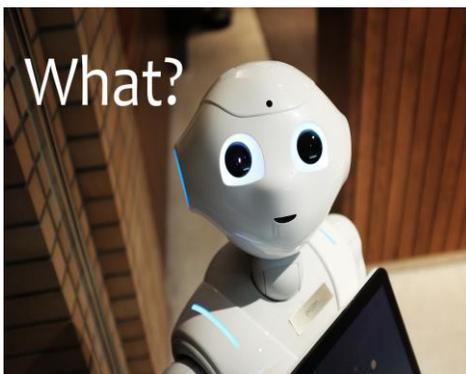
So, what's the recipe for keeping everyone happy...and yourself even happier? A big question huh!

Is it to grow eight pairs of arms like an Indian Goddess? it is to hire an all can do cute little robot? A butler perhaps? Mary Berry in the kitchen?...

What's your way of coping with all the extra workload at the seasonal times of the year? What's your top tips, your recipe for success.

LET IT FLOW

So what about just letting it flow? Have you tried this tactic?



*Shall I shove the kettle on
me Lady?*



You know, just letting what will be..will be. Letting your days be flowingly productive yet allowing yourself to be cool calm and beautifully in natural control. Without the world and goodness knows who constantly throwing their demands at you, after all you're not super woman are you? You only have 10 little fingers!

So worry not and lose the stress, the busy period will come and of course it will go again (well for a year) so now is the time to learn to rise above it. Hop up onto that self preservation pedestal and smile as the world with all it's daily grind coasts on by. You are a limited edition remember ladies!

So ladies big pat on the back, smile, breath and be confident that what you do will be more than good enough.

WOULD YOU LIKE MORE LIKE THIS?



A great and special gift for all women. Share it with your Grandmothers, Mothers and daughters. Pass it down and pass it on. You are so worth it.

Use it as a great reference all through your year, a diary for your personal eureka moments

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