ONE FOR THE GENTLEMEN

BY   SALLY L DAVISON   AVAILABLE NOW

ARE YOU DRIVING?

Life is a funny old thing isn't it chaps!

We are all basically in the same boat paddling away. All hoping everything works out and there is a welcome daily dose of happiness thrown in.

Some days will be just great and others may be a little troublesome. But if we understand ourselves and adopt the right gear, we can drive through any storms ahead. You can do anything gents remember that!

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Chaps they all start with the word Self for a jolly good reason.
You cannot find them in anyone else.

Start now as you mean to go on. Put yourself on a pedestal and become your own boss. This is your life, your chance, your outcome, and let's not forget your responsibility. So enjoy! why not?
Have you ever stopped to think just how important you are? (*no really have you?*)
Think about your honest answer to yourself here because at the end of the day all we have as humans is honesty. It lives deep within us, our very core.
So up onto a pedestal right here right now and give yourself the time, the respect and the honour you deserve. Let both your mind and your body be free from anything that holds you back, holds you down, gets in your way or is just darn right annoying and troublesome in your present life.
Time is all we have, our slot to be here, so it makes sense to use it with care and consideration. It is quite natural for us all to want things quicker in life. After all, do we really have twenty years spare to hang around waiting for the day to come when we can say confidently

"Hey I made it" … "Hey I'm happy" …
"Hey my life is just the way I want it to be"
"And my body feels in pretty good nick also"

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